

Filler Instructions

Three days prior to your injection appointment you should discontinue all aspirin products, vitamin E, and fish oil. You should remain off these products for 3 days.

You should notify your provider prior to the injection if you have a history of herpetic outbreaks or if you have any autoimmune disorders.

Ice the injection site as much as you can for 1-2 days.

You can expect some bruising, swelling, uneven areas, lumpiness & bumpiness after the injection. You can roll these areas out with a Qtip as demonstrated at the appointment.

If you are receiving lip fillers, do not drink out of a straw, kiss, or purse your lips for 24 hours.

There are no limitations on exercise or wearing makeup after the injection.

If you are having the cheek area injected, do not lie on that area for 3 days.

Swelling may last 1-2 weeks. Please allow 2 weeks to see complete results.

Notify the office if you notice any whitening to the area or notice any areas that will not blanch with color for 24 hours.

Notify the office as soon as possible if you are not pleased with your results.

If you have any questions or concerns please call our office at **904-249-2580**.

Please call 911 for life threatening emergencies.